Bedfordshire, Luton and Milton Keynes – Palliative and End of Life Care, Patient Forum



Help improve Palliative and End of Life Services, an opportunity to co-produce work

Palliative care focuses on improving the quality of life for individuals with life-limiting illnesses, addressing physical, psychological, social, and spiritual needs at any stage of the illness. End-of-life care is a specific type of palliative care provided in the last year of life, aiming to ensure comfort and support as death approaches

NHS Bedfordshire, Luton and Milton Keynes Integrated Care Board and our partners welcome patients, carers, family members and anyone with an interest in Palliative and End of Life Care to attend regular, online meetings, to discuss current and future plans and to help shape what this looks like.

First meeting: Wednesday 3rd September 2025,

11am – 12pm on Microsoft Teams.

Please contact Sara Burford ([Sara.Burford@nhs.net](mailto:Sara.Burford@nhs.net)) for more information and the meeting link.